

7) Innerfeld Valley - Fischlein Valley with the Tre Cime/Three peaks

At a quick view: Berghotel- Innerfeld valley – Tre Cime –Fischlein valley- Berghotel

Starting point	Moso / Berghotel (1.370 m)
Difference in altitude	Ca. 1.221 m
Highest point	Pass Alpe Mattina (2.446m)
Length of trail	Ca. 23,6 km
Time of walking	Ca. 8 hours
Difficulty	••••○

Description of the way: With the car or bus to the parking place in the Innerfeld valley. From here starts a large way until the [Dreischuster hut](#) (1626m). From the hut on way nr. 105 westwards along to a crossing. We remain on the way nr. 105 which takes us on the left passing a little river up to the Gwengalpenjoch. In turns the way goes steep up and at a certain point (Pass Alpe Mattina 2446m) we have a fantastic view at the Three Peaks and the whole Dolomites of Braies, the Monte Piana, the Dolomites of Cortina and certainly the Dolomites of Sesto. Next we reach the [Dreizinnenhut](#) (2405m) where we take the path nr. 102 north-eastwards to go down to the [Talschlusshut](#) and the Fischlein Valley. Here we take the bus to turn to back to the Berghotel or to the car at the beginning of the Innerfeld valley!



Advices and suggestions: this long but absolutely beautiful hike offer you spectacular views at the 3 Cime, once you reach the Gwengalpenjoch/passo Alpe Mattina. The path is a bit steep. If you have a good physical constitution you may make a longer round reaching the Passo Rondoï/Wildgrabenjoch where you can see the 3 Cime even better. You can reach the Innerfeld valley by bus/shuttlebus or you plan your next tour ending in the Innerfeld valley where you have parked your car p.e. the wonderful Mount Gsell starting at the Fischleintal (see tour 2).

You can also do the hike vice versa, but as described it is more beautiful

Summary: An excellent tour with fantastic lookouts and until the [Dreizinnenhut](#) you will be almost alone and in silence.