



as at 14/12/2023



Museums, churches and exhibitions

MIK Museum im Kapitel in Innichen / San Candido

OPENING TIMES

on request (only groups)

CONTACTS

Via Atto 2
I-39038 Innichen / San
Candido
ph: (+39) 0471 972912
e-mail: info@candimus.com

DoloMythos – The world heritage’s museum in Innichen / San Candido

OPENING TIMES

daily 8 am – 7 pm
25.12.2023 closed

CONTACTS

Via P.-P.-Rainer 11
I-39038 Innichen / San Candido
ph: (+39) 0474 913 462
URL: www.dolomythos.com
e-mail: info@dolomythos.com

PRICES (17.11. – 07.01.2024 free entry)

Adults € 14.00
Children 4-14 € 8.00
Children (up to 4 years) free
Seniors (60+) € 12.00
Students (up to 27 years) € 12.00

Groups (min. 15 people) € 10.00

Family ticket
(parents + children up to 14 years old) € 34.00

Bunker Museum in Innichen / San Candido – Toblach / Dobbiaco

OPENING TIMES

groups on request: ph: (+39) 349 8767196

CONTACTS

Via Pusteria 19
I-39034 Toblach / Dobbiaco
Innichen / San Candido
ph: (+39) 349 8767196
URL: www.bunkermuseum.net
e-mail: dolomiten.bunkermuseum@gmail.com

PRICES

www.bunkermuseum.net

Natural Park House Toblach / Dobbiaco

OPENING TIMES

27.12. – 30.03.2024
TUE – SAT: 9.30 am – 12.30 pm / 2.30 – 6 pm
closed on all public holidays and on 31.12.2023

CONTACTS

Via Dolomiti 1
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 973 017
e-mail: info.dz@provinz.bz.it

FREE ENTRY

Cheese Dairy “Tre Cime“ in Toblach / Dobbiaco

OPENING TIMES

TUE – SAT 8 am – 7 pm
SUN 10 am – 6 pm
MON closed

CONTACTS

Via Pusteria 3/C
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 971 300
URL: www.3zinnen.it
e-mail: info@mondolattetrecime.com

PRICES

per person without consumption € 5.00
per person with tasting (small) € 8.00
per person with tasting (big) € 10.00

**Group discount min. 10 people**

| | |
|---|--------|
| per person without consumption | € 4.50 |
| per person with tasting (small) | € 7.50 |
| per person with tasting (big) | € 9.50 |
| per person with cube tasting (without drinks) | € 6.00 |
| children up to 8 years without consumption | free |

Each tasting is served with bread and includes a drink.

The tour is accessible by wheelchair.

The best time to visit is from Tuesday to Friday 8 am to 13 pm, as all production processes are visible at this time.

Visiting the biomass – Educational trail in the district heating plant of Toblach / Dobbiaco

OPENING TIMES

26.12. – 31.03.2024 MON – FRI 9 am – 5 pm

CONTACTS

Via Stazione 8
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 973 214
URL: www.fti.bz
e-mail: info@fti.bz

FREE ENTRY

Visitor Center “Haus der Berge”

OPENING TIMES

MON – FRI 9 am – 6 pm

ENTRY: free**CONTACTS**

Via Dolomiti 45a
I-39030 Sexten / Sesto
ph: (+39) 0474 710 310
E-mail: info@sexten.it

Nativity museum Stabinger at the Hotel Mondschein / Luna in Sexten/Sesto

OPENING TIMES

16.12. - 07.04.2024 WED - SUN 8 am – 12 pm
Other times on request

ENTRY: free / Groups upon request**CONTACTS**

Via Dolomiti 5
I-39030 Sexten / Sesto
ph: (+39) 0474 710 322
URL: www.hotelmondschein.com
e-mail: info@hotelmondschein.com

Exhibition “Traces of history”– “Bellum Aquilarum“ in the old primary school of Sexten / Sesto

OPENING TIMES

16.12.- 06.04.2024 TUE, THU, SAT 4 pm – 6 pm
26.12.2023 & 06.01.2024 closed

ENTRY: free / Groups upon request**CONTACTS**

Via della Chiesa 9
I-39030 Sexten / Sesto
URL: www.bellumaquilarum.it
e-mail: info@bellumaquilarum.it

Visiting churches in the pedestrian zone of Innichen / San Candido

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|--|---|
| The Collegiate Church Innichen / San Candido (dome): | daily 8 am – 6 pm |
| The parish church “Hl. Michael”: | daily 8 am – 6 pm |
| The Franciscan Monastery: | daily 8 am – 6.30 pm (MO mornings closed) Visiting the cloister is not possible. |

Visiting churches in Sexten / Sesto – Moos / Moso

| | |
|--|-------------------|
| The parish church with “Totentanz” frescoes: | daily 7 am – 7 pm |
| St. Josef’s church in Moos: | daily 7 am – 7 pm |



Visiting churches in Toblach / Dobbiaco, Aufkirchen / Santa Maria and Wahlen / San Silvestro

The parish church "Hl. Johannes der Täufer" in Dobbiaco/Toblach: daily 7.30 am – 5 pm
The pilgrimage church in S. Maria/Aufkirchen: daily 7 am – 5 pm
The parish church "Hl. Nikolaus" in S. Silvestro/Wahlen: daily 8 am – 5 pm

Visiting churches in Niederdorf / Villabassa

The parish church "Hl. Stephanus": daily 8.30 am – 5 pm
Anna chapel and the chapel of rest: daily 8.30 am – 5 pm
Spitalkirche zur Hl. – Dreifaltigkeit church: variable opening hours

Visiting churches in Prags / Braies

Chapel-of-ease of the Suffering Redeemer in Schmieden/Ferrara: daily 8 am – 7 pm

Shopping in the Holiday Region 3 Zinnen in the Dolomites

OPENING TIMES

Generally speaking the exact opening times are shown at each shop entrance
MON – FRI 8.30/9 am – 12/12.30 pm & 3 pm – 7 pm
SAT: 8.30/9 am – 12 pm
SUN and public holidays closed, exceptions are shown

Bakeries, butchers and Alpine dairies open between 7 am and 8.30 am, however in the afternoons they close earlier.

Swimming, sauna, wellness

For a complete overview of the wellness resorts in the Holiday Region 3 Zinnen in the Dolomites please contact the tourist offices.

Alpin Erlebnisbad ACQUAFUN in Innichen / San Candido

OPENING TIMES SWIMMING POOL

27.10. – 14.04.2024
MON, THU, FRI: 2.30 – 8 pm
TUE & WED: day off
SAT & SUN: 10.30 am – 8 pm

OPENING TIMES SAUNA

27.10. – 14.04.2024
MON, THU, FRI, SAT, SUN: 3– 9.30 pm
TUE & WED: day off

PRICES

www.acquafun.com

CONTACTS

Via M.-H.-Hueber 2
I-39038 Innichen / San
Candido
ph.: (+39) 0474 916 200
URL: www.acquafun.com
e-mail: info@acquafun.com

Sports and leisure

Fitness Studio Acquafun Active in Innichen / San Candido

OPENING TIMES

daily 7 am – 9.30 pm

PRICES

upon request

CONTACTS

Schäfer Stefan
Via M.-H.-Hueber 2
I-39038 Innichen/San Candido
Tel. (+39) 342 528 2035
Website: www.healthcoach.bz.it
E-Mail: info@healthcoach.bz.it



Tennis court at the Hotel Union in Toblach / Dobbiaco

PRICES

Price per hour € 25.00
Price per hour with light € 30.00

Open upon request

CONTACTS

Via Dolomiti 24
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 970 100
URL: www.hotelunion.it
e-mail: info@hotelunion.it

Tennis – Airdome at the “Kurpark” in Niederdorf / Villabassa

OPENING TIMES

October until April
MON – SAT 9.00 am – 10.00 pm
SUN 9.00 am – 8.00 pm

CONTACTS

“Kurpark”
I-39039 Niederdorf / Villabassa
ph: (+39) 340 8946194
URL: www.tvn.bz/onlinebooking

Climbing hall Nordic Arena in Toblach / Dobbiaco

OPENING TIMES

Entry with online reservation: <https://login.alpenverein.it/login>

PRICES

Day ticket adults € 7.70
Day ticket AVS € 7.00
Day ticket 11 – 17 years € 6.05
Day ticket 0 – 10 years free
Adult only accompanied free

CONTACTS

Via al Lago 16
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 132
URL: www.nordicarena-toblach.it
e-mail: info@nordicarena-toblach.it

Fitness Studio Toblach / Dobbiaco

OPENING TIMES

MON – SUN 10 am – 10 pm
Except rest days and holidays

PRICES

€ 5.00

CONTACTS

Zona sportiva Gries
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 529
ph: (+39) 348 65 49 378

Ice stadium Toblach / Dobbiaco

OPENING TIMES

Here you find the opening hours: www.sport-toblach.com

PRICES

children 8 – 13,9 years: € 3,50
students 14 – 19,9 years: € 4,50
adults: € 5,20
skate rental: + € 3,60

CONTACTS

Zona sportiva Gries
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 529
ph: (+39) 348 65 49 378

Bowling at the Hotel Nocker in Toblach / Dobbiaco

PRICES

Price per hour: € 14.00

open from 04.12.2023 – 31.03.2024

CONTACTS

Via Dolomiti 21
I-39034 Toblach / Dobbiaco
ph: (+39) 0474 972 242
URL: www.hotel-nocker.it
e-mail: info@hotel-nocker.it



Sport Sexten - Tennis

OPENING TIMES

updated opening hours: www.sexten.eu
more information upon request

CONTACT

Waldheimweg 23
I-39030 Sexten
ph: (+39) 0474 862 546
E-Mail: mariaaaholzer@yahoo.de

Sport Sexten – Climbing hall & Bouldering

OPENING TIMES

updated opening hours: www.sexten.eu

PRICES

upon request

CONTACT

Waldheimweg 23
I-39030 Sexten
ph: (+39) 0474 862 546
E-Mail: mariaaaholzer@yahoo.de

Fitness Cardio gym in Niederdorf / Villabassa

OPENING TIMES

www.asv-niederdorf.it
reservation requested

PRICES

upon request

CONTACTS

I-39039 Niederdorf / Villabassa
ph: (+39) 0474 745 022
URL: www.asv-niederdorf.it
e-mail: niederdorf@yoseikan.it



Internet points and libraries

Internet point in Innichen / San Candido

LOCAL LIBRARY

OPENING TIMES

MON, TUE, THU 9 am – 11.00 pm & 2.30 pm – 5.30 pm
WED 2.30 pm – 5.30 pm
FRI 9 am – 11.00 pm & 2.30 pm – 4.30 pm
SAT & SUN closed

CONTACTS

ph: (+39) 0474 914 338
e-mail: bibliothek@innichen.eu

KUNSTRAUM CAFÉ MITTERHOFER

(Wi-Fi – free)

OPENING TIMES

MON – SAT 7 am – 8 pm

CONTACTS

Via P.-P.-Rainer 4
I-39038 Innichen / San Candido
ph: (+39) 0474 913 259
URL: www.kunstraum-mitterhofer.it
e-mail: info@kunstraum-mitterhofer.it

BAR CORNET

(Wi-Fi – free)

OPENING TIMES

daily: 7 am – 10.30 am

CONTACTS

Via P.-P.-Rainer 16
I-39038 Innichen / San Candido
ph: (+39) 348 0029135

CAFÉ SILVIA

(Wi-Fi – free)

OPENING TIMES

MON – SAT: 6.30 am – 8.30 pm

CONTACTS

Piazza del Magistrato 4
I – 39038 Innichen / San Candido
ph. (+39) 0474 773 962
e-mail: info@posthotel.it

RIFUGIO RIESE HAUNOLD HÜTTE / GIGANTE BARANCI AND VALLEY STATION HAUNOLD / MONTE BARANCI & HELM / MONTE ELMO (PUNKA SERVICE CENTER)

(Wi-Fi – free)

OPENING TIMES

daily

CONTACTS

ph. (+39) 0474 710355
URL: www.dreizinnen.com
e-mail: info@dreizinnen.kom

P-LOUNGE

(Wi-Fi – free)

OPENING TIMES

www.posthotel.it

CONTACTS

ph. (+39) 0474 913133
URL: www.posthotel.it
e-mail: info@posthotel.it

Local library with internet access in Toblach / Dobbiaco (Internet point + WI-FI)

OPENING TIMES

MON 2.30 pm – 6.30 pm
TUE 10 am – 12 pm & 4.00 pm – 7.30 pm
WED 2.30 pm – 6.30 pm

CONTACTS:

Via Fratelli Baur 5b
I- 39034 Toblach/Dobbiaco
ph: (+39) 0474 972 040
URL: www.bibliothek-toblach.com
e-mail: bibliothek.toblach@brennercom.net

THU 2.30 pm – 6.30 pm
FRI 10 am – 12 pm & 2.30 pm – 6.30 pm
1st SAT of the month 9 am – 12 pm



Library and Internet point (computer) "Claus Gatterer" in Sexten / Sesto

OPENING TIMES

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|----------|----------------------------|
| MON, THU | 9 am – 12 pm & 4 pm – 6 pm |
| TUE | 4 pm – 6 pm |
| WED | 9 am – 12 pm & 2 pm – 4 pm |
| FRI | 9 am – 12 pm |

CONTACTS

In the building of the tourist office
Via Dolomiti 45
I – 39030 Sexten / Sesto
ph: (+39) 0474 710 107
e-mail: bibliothek.sexten@dnet.it

Free Wi-Fi:

Congress Hall "Haus Sexten" (WI-FI 1), Base station Helm, Base station Rotwand, Helm-Restaurant, hut Henn-Stoll

Public library of Niederdorf / Villabassa

OPENING TIMES

| | |
|-----|-----------------------------|
| MON | 10 am – 12 pm & 4 pm – 6 pm |
| TUE | 10 am – 12 pm & 4 pm – 6 pm |
| WED | 4 pm – 6 pm |
| THU | 10 am – 12 pm & 4 pm – 6 pm |
| FRI | 10 am – 12 pm |

CONTACTS:

Via Hans-Wassermann 2
I-39039 Niederdorf / Villabassa
ph: (+39) 0474 862 330
e-mail: bibliothek@niederdorf.eu

Internet point in Prags / Braies

**OPENING TIMES
GASTHOF HUBER**

daily 7 am – 11pm
closed on TUE

CONTACTS:

Braies di Dentro 6
I-39030 Prags / Braies
ph: (+39) 0474 748 670
URL: www.gasthof-huber.it
e-mail: info@gasthof-huber.it

Public library of Prags / Braies

OPENING TIMES

| | |
|-----|-------------------|
| TUE | 2.30 pm – 4.30 pm |
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CONTACTS:

Braies di Dentro 49
39030 Prags / Braies