

# BERGHOTEL'S HIKING GUIDE



Elisabeth Egarter

Elisabeth "Lee" Egarter is without question a mountain lover. Her favorite place: outside and high up. She is not only a ski instructor and successful ski coach, but also a hiking guide and winner of the Transalpine Run. Sport is her life. So in winter you can meet Lee every day on the slopes, where she teaches children and adults the perfect ski turn, and in summer she is out and about almost every day as a hiking guide in the Sesto Dolomites. In her professional life she walks and in her private life she likes to ride her mountain bike.

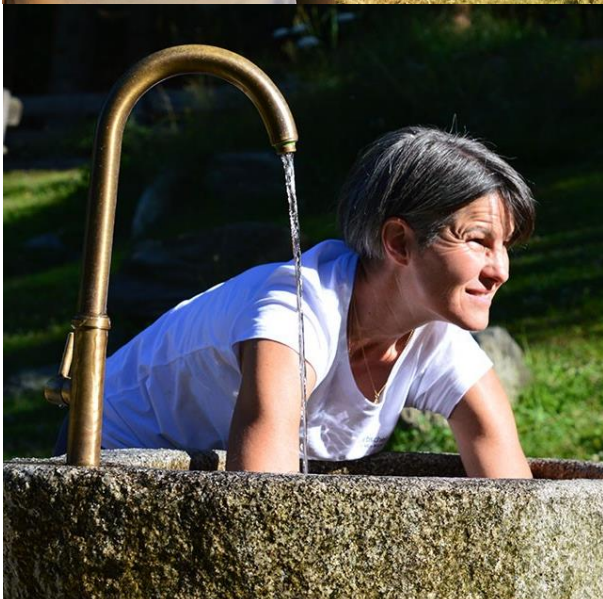


Veronika Trojer

Nature is her strength. As a hiker, Veronika enjoys the wild and unspoilt mountain landscapes of South Tyrol. The primordial nature allows her to find peace and fills her with beauty. The paths in nature are paths to oneself.

"Accompanying people into the true and authentic world of the mountains with all the extraordinary beauty everywhere and conveying to them the incredible value of nature is for me a task to be taken seriously."

(Veronika Trojer Professional nature and landscape guide)



Anna Lerchner

Anna's heart project is health, including yours. Together she shows how health can be maintained, promoted and strengthened. Treatments, instructions and knowledge transfer help to bring body, mind and soul into harmony, to maintain health or to heal.

"I enjoy sharing my knowledge and experience in the field of health, but the key to success is in your hands."

(Anna Lerchner)

